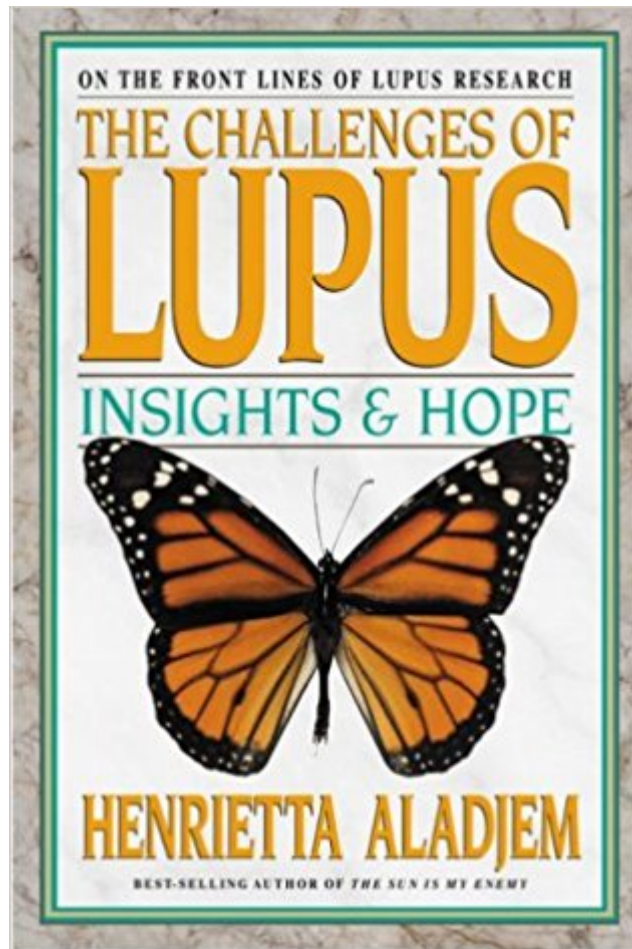




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# The Challenges Of Lupus: Insights And Hope



## Synopsis

Henrietta Aladjem, herself a lupus patient, has compiled 40 articles written by experts on the subject of lupus. The book explains how to understand and manage the many challenges that living with the conditions entails.'

## Book Information

Paperback: 238 pages

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## Customer Reviews

Systemic lupus erythematosus is a mysterious autoimmune disorder that is nearly always painful, often disfiguring, and sometimes fatal. Aladjem is a lupus sufferer herself (though she has been in remission for many years) and a student of the disease who has written several books on the subject, including the autobiographical *The Sun Is My Enemy* (1973). She has compiled 40 articles written by lupus experts that cover a wide variety of topics, including a basic overview of the disease, the effects of lupus on different facets of life, the various manifestations of the disease, diagnosis and medications used to treat lupus, and the doctor-patient relationship. The language throughout is easy enough for the general reader to follow, though some of the contributors write with more clarity than others. The glossary and index are very well done, and there is an exhaustive list of local chapters of the Lupus Foundation of America. Perhaps because so many different authors contributed to the book, or perhaps because of the ambiguous nature of lupus itself, the book seems oddly disjointed; chapters do not flow easily into one another, and the conclusion does not effectively sum up the contents. Despite this weakness of style, however, the substance of this book recommends it for any health collection. AStacey Hathaway-Bell, State Lib. of Louisiana, Baton

## Learning Tool.

"Coping With lupus" takes a philosophical approach to the disease. It brings together a collection of essays from different experts. Topics covered include a message of hope, lupus and kids, S.L.E. and genetics, the doctor-patient relationship. The essays are cursory without much depth. And without providing anything really "new". I previously purchased two other books on the subject (one by Phillips and another by Dibner). These addressed the topic more comprehensively.

I have lupus so I found much of the information interesting. ..For those of you looking for more, you might try reading Stolen Moments by author Barbara Jeanne Fisher.. This is a beautiful fiction book, based on the authors on life with lupus, and for sure makes readers aware that life and love are precious and not to be taken for granted. this book was edited by Ms Fisher's lupus specialist, and it is also known as the love story of the 90's. Hats off to both authors.

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